



Monitoring the Cost of Nutritious Diets: Updates from MoFA-SRID

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Information for Nutrition Impact

- ▶ MoFA aims to help ensure economic viability for farming in Ghana, and also food and nutrition security for Ghana.
- ▶ Some missing information...
 - ▶ ...to know if what we are doing is positive for nutrition;
 - ▶ ...to support decision-making about what we can do to better improve nutrition.

Food Price Monitoring by MoFA-SRID

- ▶ MoFA has a mandate to ensure food security.
 - ▶ This includes access to nutritious foods.
- ▶ MoFA-SRID supports this mandate, provides information for decision-making in agriculture, by tracking production and food price data.
 - ▶ Collects prices on a weekly basis in 159 markets nationwide as at 2016
 - ▶ This provides a strong basis to track access to nutritious food.

Food Price Monitoring by MoFA-SRID

- Previously, the food list for food price data collection was missing some nutritious foods.
 - Could be used for many basic commodities, but could not very well track the cost of nutritious diets.
 - Difficult to formulate informed policies and programs toward food and nutrition security without data showing the problem areas

Partnership with IANDA: Food list

- IANDA reviewed MoFA-SRID food list and suggested important nutritious foods to be added;
- 22 foods added in all; most worked well
 - Such as: several dark green leafy vegetables; some fruits; two additional beans/seeds; meat and fish in the form typically bought by consumers
- MoFA-SRID piloted in 7 markets the expanded list and made the decision to institutionalize it

Expanded Food List

Cereals	White Roots And Tubers	Plantain	Pulses	Nuts And Seeds	Dark Green Leafy Vegetables	Seed Oil
Maize	Yam	Plantain	Cowpea (White)	Unshelled Groundnut	Nkontommire	Coconut Oil
Millet	Cocoyam		Soya bean	Groundnut Red	Ademe/Ayoyo (jute mallow)	Palm Oil
Sorghum	Cassava		Bambara Bean	Melon Seeds	Alefu (Amaranthus)	Ground nut oil
Rice	Gari					
	Cassava Dough					
	Dried Cassava Powder (Kokonte)					
	Sweet Potato					

Expanded Food List

Meat, Poultry and Fish	Vegetables	Fruits	Egg	Dairy
Beef	Tomato	Mango	Egg	Fresh Cow Milk
Pork	Garden Egg	Pineapple		
Salted Dried Fish(Koobi)	Okro	Palm Fruit		
Smoked Herring	Onion	Water Melon		
Live Bird	Ginger	Orange		
Anchovy	Pepper	Banana		
Chicken	Cabbage	Avocado Pear		
Mutton (Sheep Meat)	Lettuce	Pawpaw		
Snail	Carrot	Coconut (fresh)		
Chevon (Goat meat)				
Fresh Fish				

Experience of Piloting

- Weighing of some of the leafy vegetables was a challenge
- Unit of measure was interestingly different across markets

State of Institutionalization

- Expanded Food list Questionnaire sent to all 10 regional offices and
- 20 major selected markets have started using it
- Started generating Weekly Market Price Reports for the expanded food list Based on the 20 major selected markets
- Other markets have also started using it

Current Status of Districts & Markets by Region

Region	Number of Districts	Number of Markets
Ashanti	30	48
Brong Ahafo	25	27
Central	14	14
Eastern	25	31
Greater Accra	11	19
Northern	26	31
Upper East	10	10
Upper West	7	9
Volta	24	34
Western	22	35
Grand Total	194	258

Reporting Status of Districts & Markets by Region

Region	Number of Districts	Number of Markets
Ashanti	15	15
Brong Ahafo	22	22
Central	13	13
Eastern	12	12
Greater Accra	12	21
Northern	26	26
Upper East	10	10
Upper West	7	8
Volta	14	17
Western	11	15
Grand Total	142	159

Other updates to data collection system

- The burden of the Enumerator calculating the averages has been eliminated
- An Excel format designed with formulae to generate averages
- Enumerators report on what can be seen and weighed

Timeliness and availability of the data

- Enumerators enter raw data on excel sheet format
- 20 selected markets send data via internet weekly to SRID HQ
- Most markets now send data via internet to regional office weekly
- Regional Monthly data reaches SRID HQ via internet
- End-users can access the data by request.

Partnership with IANDA: Indicator development

- ▶ IANDA developed three new indicators based on new MoFA-SRID data
 - ▶ (to be presented)
- ▶ Using the recently-expanded food list, MoFA-SRID could track these indicators using food price monitoring data
 - ▶ Could see where, and when, nutritious diets are too expensive

Opportunities for partnership within Ghana to monitor the affordability of nutritious diets

- Collaboration with WFP, USAID and ESOKO to improve **Timeliness of Data Availability**
- Collaboration with other Agencies like WIAD, GSS, GHS to ANALYZE and USE Price Data



Better Information for decision-making for Nutrition Impact

- These indicators can be used for decision-making toward a more nutritious food system
- Looking forward to more discussion on this today